



HOPE | FREEDOM | RECOVERY

2022

Annual Report





LIVES TRANSFORMED | FAMILIES RESTORED | COMMUNITIES STRENGTHENED

Our mission is to assist teens and adults in gaining freedom from chemical addictions and other life controlling problems by addressing their physical, emotional and spiritual needs.



FROM THE CEO

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Dear Friends,

Did you know that only one out of ten people who are suffering from addiction actually get the help they need? So many Minnesotans don't seek out treatment

because of family and work obligations, financial burdens or simply a lack of local services. Our mission at Minnesota Adult & Teen Challenge (MnTC) is to remove those obstacles, and to put hope within reach of every single Minnesotan in need of care. What if we could help that number shrink to one in five, or one in two?

In order to reach every Minnesotan, we are continuing to expand throughout the state. We're adding to the depth and breadth of our programs so our beloved friends, family members and neighbors can find freedom from addiction. This year we will open a Women's Center in Brainerd and a Men's Center in Alexandria next year. None of this could be possible without your faithful partnership.

It is my sincere wish that you can witness the life-transforming work that happens each and every day here at MnTC. Those we serve are living testimonies of faith in action. Thank you for helping us transform the lives of these walking miracles.

Sincerely,

Tom Truszinski, CEO



» Amber with her husband Ryan

Amber's Story

The trauma from a physically abusive father and neglect from an emotionally detached mother all led Amber to a life of addiction starting in adolescence.

Amber got drunk for the first time at age nine. By the age of fifteen she was addicted to methamphetamines and lost in an identity crisis, never able to feel secure in her relationship with her parents. Becoming the mother of two beautiful children only seemed to worsen the wounds of her childhood. With the sudden death of both of her parents within two months of each other, Amber's addiction continued to spiral downward.

Amber remembers, "I literally saw my children for just a few minutes each day. I lost 150 pounds. I kicked my husband out of the house. I was completely unrecognizable to anyone who knew me."

She was selling and using meth all day, every day. She began to experience severe medical problems and wound up in the hospital. In the emergency room, Amber realized that she was not only destroying herself, but was bringing others down with her. Social services recommended she think about Mn Adult & Teen Challenge. She eventually decided to go to MnTC when the prospect of losing her children became a reality.

Amber spent the first four months in the program alone and unhappy. She had already tried treatment in 2008 but left due to issues with her kids. When she made the choice to come back to MnTC, she isolated herself in her room and prayed.

She told God, "My kids are your kids; I need to trust you with taking care of them. I need to

"Recovery is a new life, a new identity and the belief that life has a purpose."

trust you with the work you are doing in my life." Things started to change from there.

A partnering ministry, Together for Good, found two amazing families to take care of her kids while she was in treatment. Amber and her husband started "dating" again through writing each other letters and visits. They went from being on the edge of divorce to planning a life back together.

Amber graduated in 2020 and moved with her husband to Alexandria where her children had been living. She got a job that she loved in the local school system. Soon, they looked to buy their own house and relocated to Eagle Bend, Minnesota. For the last year, Amber has worked for a nonprofit organization called Wellness in the Woods, an organization that focuses on serving rural communities and underserved populations where treatment and recovery services are scarce.

Amber recently celebrated four years in recovery! She says there is a difference between sobriety and recovery. "Sobriety just means you're 'clean.' Recovery is a new life, a new identity and the belief that life has a purpose." To anyone else walking through addiction, Amber would say that there is a purpose for your life. Stay involved in the recovery community. You can't make it on your own. You need God's help and the support of others. Serve those around you who have also struggled with addiction. With her new identity and new purpose, Amber is eager to keep serving her local community.

In a recent independent study, research found since graduating from our Long Term program...

80%

of graduates reported sobriety

RELATIONSHIPS

80%

reported that their relationships with family members have improved

FUTURE

78%

were working full-time and/or enrolled in school



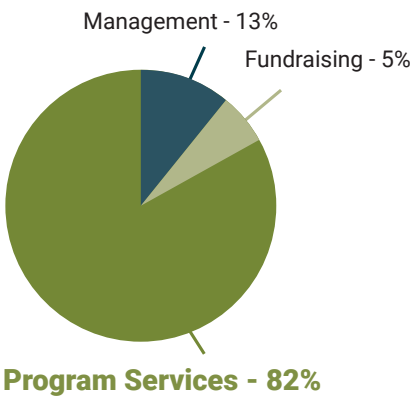
3,475 Clients Served

In 2022, MnTC provided food, shelter, medical care and life-saving addiction treatment and recovery programming to **more individuals than ever before**, all because of the help of our generous donors.



2022 Financial Data (AUDITED)

FUNCTIONAL EXPENSES



REVENUE VARIANCE

Actual 2022	\$60,465,000
Budget 2022	\$54,004,000
Variance 2022	\$6,461,000

INCOME STATEMENT

Funds for major capital campaign projects are included in the revenue for 2022. We are expanding our program services to meet the growing need for treatment services across the state.

Revenue	\$72,365,557
Expenses	\$56,097,407

BALANCE SHEET

Current Assets	\$44,722,751
Property, Equipment and LT Assets	\$88,677,743
Total Assets	\$133,400,494
Current Liabilities	\$6,429,507
LT Liabilities and Net Assets	\$126,970,987
Total Liabilities and Net Assets	\$133,400,494

** Net Assets are with and without donor restrictions

OUR PROGRAMS

Comprehensive Addiction Treatment and Recovery Services Across Minnesota

- Short Term Licensed Treatment: a Minnesota state-licensed treatment program that utilizes evidenced-based treatment models to meet the whole-person needs of those diagnosed with a substance use disorder. Participants receive chemical dependency assessments, individualized treatment plans, group counseling, individual counseling and life skills development.

Clients served in 2022: 2,265
2022 Program Expenses: \$15,611,100

- Long Term Recovery Program: a 12-month residential substance use disorder recovery program assists individuals in overcoming self-destructive patterns. This program incorporates various evidenced-based practices through a multidisciplinary team of mental health practitioners, counselors, chaplains and coaches to address a participant’s physical, emotional and spiritual needs.

Clients served in 2022: 1,107
2022 Program Expenses: \$23,286,562

- Outpatient Program: a licensed program offering a flexible schedule for adult clients looking for treatment options while maintaining their job, school attendance or other responsibilities. Treatment programming offers individualized plans, individual and group counseling, and telehealth services. Most insurances are accepted.

Clients served in 2022: 1,031
2022 Program Expenses: \$2,686,080

- Lakeside Academy: a faith-based residential treatment center for boys 14 to 18 years old. The center offers licensed treatment, long-term recovery, vocational education and an onsite high school for boys diagnosed with a substance use disorder and behavioral health issues.

Clients served in 2022: 82
2022 Program Expenses: \$1,754,989

*Some unique clients were served in multiple programs

LEADERSHIP TEAM

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Administration

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Vice President,
Long-Term Programming

Jen Brink-Edwards
Vice President,
Marketing Communications

Lora Clem
Vice President,
Treatment Services



» All individuals pictured are graduates of the Long Term Recovery program

Locations

MINNEAPOLIS CAMPUSES

Admissions | Men

3231 1st Avenue S.
Minneapolis, MN 55408
612-FREEDOM (373-3366)

Portland | Men

1619 Portland Avenue
Minneapolis, MN 55404

Hudson House | Men

3201 1st Avenue S.
Minneapolis, MN 55408

Women | Teen Girls

1717 2nd Avenue S.
Minneapolis, MN 55403

Grace Manor | Women

1507 Lowry Avenue NE
Minneapolis, MN 55418

Freedom Manor | Women

3111 1st Avenue S.
Minneapolis, MN 55408

Hope Commons |

Administrative Offices
740 E. 24th Street
Minneapolis, MN 55404

GREATER MN CAMPUSES

Rochester Campus | Men

1530 Assisi Drive NW
Rochester, MN 55901
(507) 288-FREE (3733)

Rochester Campus | Women

1530 Assisi Drive NW
Rochester, MN 55901
(507) 288-FREE (3733)

Central MN Campus | Men

2424 Business 371
Brainerd, MN 56401
(218) 833-8777

Central MN Campus | Women

2501 Greenwood St.
Brainerd, MN 56401

Northland Campus | Men

2 East 2nd Street
Duluth, MN 55804
(218) 529-FREE (3733)

Lakeside Academy |

Teen Boys Center
100 Garrison Avenue NE
Buffalo, MN 55313
(844) 768-8336



Adult & Teen Challenge
Minnesota