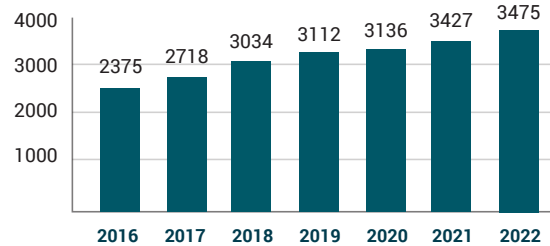


You've made an impact in 2022!

THANKS TO YOU, MORE LIVES WERE IMPACTED THROUGH CHRIST-CENTERED PROGRAMS

3,475 individual clients were served

Unique clients served



EFFECTIVE PROGRAM

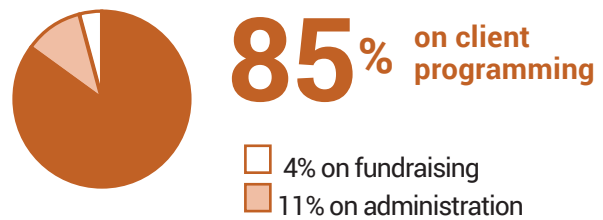
In the most recent independent study, by the Wilder Foundation, research found since graduating from our long-term program...

80% abstinence from substance use

of graduated reported 0-1 lapses

FISCALLY RESPONSIBLE

Our latest financial audit shows MnTC spent



OUR KNOW THE TRUTH PREVENTION PROGRAM

Reached **43,000** middle and high school students in **191** schools in 2022

After hearing the Know the Truth Presentation, students were **5x** less likely to use a substance than they were before hearing the presentation and **80%** of students stated they would quit using or use less.

1,009

366 mentors and 643 volunteers supported our mission

26%

Percent of Mn Adult & Teen Challenge employees that are graduates of one of our programs

612.373.3366 | www.mntc.org



Adult & Teen Challenge
Minnesota

Proud Member of...



Thanks to you we are growing to meet the need!

MnTC Programing Initiatives

MnTC provides comprehensive and holistic treatment to those suffering from substance use disorders. We offer in-depth services to a diverse clientele with a history of chronic addiction. A multidisciplinary staff of mental health professionals, drug & alcohol counselors, coaches, chaplains and community advocates deliver person-centered, culturally responsive and trauma-informed care. The clients at MnTC are treated with a dignity and care, empowering them to live a restored life.

We have expanded our services to 12 locations within the state of Minnesota and in 2021 MnTC served 3,475 individual clients through short term and long term programming, outpatient services and telehealth services.



Brainerd Expansion – Women’s Facility

The MnTC Board has approved the formation a women’s program in Brainerd. Forty acres of land which include three buildings will serve as the new Women’s Program Center.

There is a significant lack of residential women’s treatment centers in central Minnesota.

Women suffering from addiction face many obstacles in receiving the help they need. Rural areas like Brainerd and surrounding communities bring about the challenge of transportation, limited treatment options and needed childcare for mothers. Women are often left trying to care for the needs of their children while neglecting their own mental, spiritual and physical needs. This year MnTC will be adding this women’s campus, adjacent to the existing men’s campus, to serve the women in this region.



Specialized Programming

Part of our person-centered approach has involved creating specialized program tracks to fit the unique needs and life experiences of our clients. These programs include:

- **Legal Aid Clinic** – The MnTC Legal Clinic was created to assist our clients who have outstanding legal issues related to their addiction. Our clients are able to obtain direct legal representation through the Clinic on a pro-bono basis. Clients have issues that involve criminal, family, and child protection matters. Other areas that often need to be addressed are employment law, veterans’ issues, driver’s license reinstatement and bankruptcy. These services are life changing for an individual to have a fresh start to life after treatment.
- **Veteran’s Outreach Program** – Many Veterans have coinciding mental health issues along with a substance use disorder. It is common for individuals who have served in the military to suffer from PTSD and consequently, addiction. These issues can be unique to the active duty experience. As part of our strategic Veteran Programming, MnTC meets the unique needs of veteran’s addiction in providing targeted outreach, counseling and transitional services specific to veterans’ needs.
- **CPS (Child Protective Services) Program, Rochester** – There exist high demand for family restorative programming in the Rochester area. With the success of the Minneapolis program, our Rochester campus is piloting a track for parenting moms with children. In partnership with the state of Minnesota’s Child Protective Services (CPS), MnTC’s CPS Program assists parenting mothers regain custody of their children through comprehensive and evidence-based programming for them and their families.