



Adult & Teen Challenge
Minnesota

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Minnesota Adult and Teen Challenge Hires Director of Alumni Services

Paul St. Martin will ensure ongoing support for program alumni

MINNEAPOLIS — Minnesota Adult and Teen Challenge has hired Paul St. Martin to serve as the director of alumni services. His role is to ensure that anyone who attends a treatment program of Minnesota Adult and Teen Challenge, whether licensed residential treatment or outpatient treatment, has access to ongoing support and resources to promote their ongoing sobriety.

“Often the first days and weeks after someone transitions out of our programs are the most crucial in terms of providing ongoing help and resources,” says Paul St. Martin. “Transitions can be difficult and its easy to fall back into old patterns. Having a strong support network in place is an important part of a successful lifelong recovery plan.”

The aftercare program at Minnesota Adult and Teen Challenge focuses on getting clients ready to transition out of its structured programs and back into their own lives. As part of his new role, Paul St. Martin will expand alumni support services and oversee the creation of alumni support teams at each of Minnesota Adult and Teen Challenge’s locations. In the future, St. Martin plans to cultivate a community of graduates to provide ongoing support for those in recovery.

“The people that are most passionate about helping those in recovery, are often other people in recovery. My vision is to create a peer-to-peer recovery model for people who attend our programs so it’s simple for them to have ongoing access to a whole supportive community,” says St. Martin. “Alumni will be connected to local churches, support groups, and other alumni who can help guide them through the normal ups and downs of life without the use of substances.”

Paul St. Martin is a graduate of North Central University and has been an Assembly of God Youth Pastor and a leader at ministries including Tree House and Youth for Christ.

About Minnesota Adult and Teen Challenge

Minnesota Adult & Teen Challenge (MnTC) is a drug and alcohol treatment and recovery program that has been in operation since 1983. With 11 locations throughout the state, MnTC offers a full range of services including long-term recovery and short-term intensive treatment programs as well as extensive prevention services through the organization’s program, Know the Truth (KTT). Each year, Know the Truth speaks in more than 160 high schools and middle schools across the state, sharing personal stories of addiction with students to help prevent substance use.

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