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|  | **Time** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **AM** | **6:00** | Wake up | Wake up | Wake up | Wake up |  |  |  |
| **5:30 – 6:30** | Meds | Meds | Meds | Meds | Meds |
| **6:15** | Breakfast | Breakfast | Breakfast | Breakfast |  |
| **7:00** | Chores | Chores | Chores | Chores | Wake up |
| **7:15** | Breakfast /  Meds | Optional Breakfast | Optional  Breakfast |
| **7:45** | Roll-Call / Anncmnts. | Roll-Call / Anncmnts. | Roll-Call / Anncmnts. | Roll-Call / Anncmnts. | Meds  (7:30 – 8:30) | Meds  (7:30 – 8:30) |
| **8:00 – 9:00** | Bible Study OR  Study Time | Chapel  OR  Study Time | Chapel  OR  Study Time | Chapel  OR  Study Time | Group Therapy  (8:15-10:10)  Step 1 Stories  (10:20-11:10) | Wake up  (8:00) | Wake up  (8:00) |
| Chores  (8:00-8:30) | Chores  (8:00-9:00) |
| **9:15 – 11:10** | \* Group  Therapy | \* Group  Therapy | Group  Therapy  *Co-Occurring* | Community  Meeting \ Group Therapy | Experiential Therapy  (8:30-10:30) |
| Optional  Church  (Times Vary) |
| **11:15 – 11:35** | Meds | Meds | Meds | Meds | Meds | Brunch  (10:45-11:15)  New Client Welcome Lunch  (11:00-11:30) |
| **11:40** | Lunch  *Nicotine Support Grp*  *@ 11:30* | Lunch  *New Client Orientation*  *@ 11:30* | Lunch | Lunch | Lunch  *Opiate Support Grp*  *@ 11:30* | Lunch |
| **PM** | **12:20 – 12:50** | Class | Class | Class | Class | Class | Meds |
| **12:50 – 2:10** | Breakout  Group | Breakout  Group | Breakout  Group | Breakout  Group  (End at 1:50) | Breakout Group |
| Reel Therapy Make-up  (12:00-3:00) | Visits  L&H- 1:00-2:30  R- 2:30-4:00 |
| **2:15 – 2:55** | Class | Class | Class | Therapeutic Recreation  *Muster in Chapel 2pm* | Class |
| **3:05** | Therapeutic Recreation | Therapeutic Recreation | Therapeutic Recreation | Therapeutic Recreation |  |  |
| **4:15 – 4:35** | Meds | Meds | Meds | Meds | Meds | Meds | Meds |
| **4:45** | Dinner | Dinner | Dinner  (4:30) | Dinner | Dinner | Dinner  (4:30) | Dinner  (4:30) |
| **7:00** | Optional  12 Step Meeting  (7:00-8:00) | Family Night  (7:00-8:00) | Visits  (7:00-9:00) | Optional Recovery Meeting  (4:45-8:30) | Optional Bible Study  (7:30-8:30) |  | Optional Recovery Meeting  (6:45-9:50) |
| **8:30 – 9:30** | Meds | Meds | Meds | Meds | Meds | Meds | Meds |
| **9:00** | Chores | Chores | Chores | Chores | Chores | Chores | Chores |
| **10:00** | Room Time | Room Time | Room Time | Room Time  (10:30) | Room Time (10:30) | Room Time (10:30) | Room Time |

**\* Step 2 & 3 Group:** Monday @ 9:15 – Mikki, Mike, & Sara’s Groups Tuesday @ 9:15 – All Other Groups

Updated: 07/21/2017