






HOPE | FREEDOM | RECOVERY

2025

Annual Report

Adult & Teen Challenge
Minnesota



LIVES TRANSFORMED | FAMILIES RESTORED | COMMUNITIES STRENGTHENED

Our mission is to assist teens and adults in gaining freedom from chemical addictions and other life controlling problems by addressing their physical, emotional and spiritual needs.



Dear Friends,

As we continue to put hope within reach of every Minnesotan, 2025 stretched us in new ways. A record number of **7,047 clients** found hope and healing through our statewide recovery programs last year! At the same time, we have continued refining our programming to meet the evolving needs of those we serve, ensuring our clients are able to establish independence and build a strong foundation for lasting recovery.

Because of your generosity, we were also able to make critical updates to our staff housing facilities. For graduates who become employees of our ministry, staff housing provides a safe and affordable option to live during a critical season of transition and growth.

Throughout the year, we also invested in improvements across our campuses, including renovations to our Alexandria and Brainerd locations and the addition of a new playground at our Wellcome Manor campus in Mankato. These updates play an important role in creating a safe and supportive space for client recovery and would not have been possible without your support!

As we continue to grow and meet the needs of our clients, our mission remains unchanged: to assist men, women and teens in gaining freedom from addiction through Christ-centered programming.

Thank you for making this work possible. Your support is bringing hope, healing and transformation to individuals and families across Minnesota.

Tom Truszinski, CEO

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» Daisjia

From Broken to Free

After years of addiction and loss, Daisjia finds hope, healing, and a future through MnTC.

Raised by a young mother who had her at 15, Daisjia grew up very quickly. She never met her father, who tragically passed away in a motorcycle accident on his way to see her for the first time.

As she got older, the instability in her home became more tumultuous. Her mother struggled with addiction, leaving Daisjia with deep feelings of confusion, shame, and isolation.

By the age of 13, Daisjia began using drugs and alcohol just to feel normal. Her severe lack of identity and confidence contributed to a full-blown fentanyl addiction. Surrounded by unhealthy influences and caught in a toxic relationship at a young age, her life became increasingly unmanageable.

"I felt broken and empty," she said.

Daisjia's addiction was marked by profound loss. Both of her sisters passed away from fentanyl overdoses, one while she was in treatment.

"I don't think I would have made it through if I wasn't here," she said.

She tried repeatedly to get sober on her own, but each attempt ended the same way.

"I tried over and over again, and I would just end up right back where I started," she said. "I was so defeated."

Eventually, Daisjia reached a turning point. She realized she could not do it alone and made the decision to seek help.

When she arrived at Mn Adult & Teen Challenge, she felt overwhelmed and uncertain.

"I was broken and confused," she said.

"My life is centered around Christ," she said. "He gave me hope and a future."

But over time, something began to change. A few months into the program, Daisjia made the decision to fully commit to the process.

"I was done. I was ready to lay it all down and do anything to change," she said.

"I don't just feel sober, I feel free."

Today, Daisjia describes a life that looks completely different. Her faith has become central to her healing, giving her a renewed sense of purpose and direction.

"My life is centered around Christ," she said. "He gave me hope and a future."

That transformation has brought healing not only to her life, but to her family as well. During a recent visit, her mother shared how proud she is and expressed a sense of peace she hadn't felt in years.

"She told me she can finally take a deep breath," Daisjia said.

Now, Daisjia is looking ahead with hope. She plans to continue her education, pursue ministry, and one day build a family of her own.

"I want a husband, kids, the whole nine yards," she said.

"I felt empty, hopeless and desperate," she said. "And now I feel renewed, redeemed, alive."

After graduating from the Life Renewal Recovery Program, Daisjia is now continuing her journey through the Teen Challenge Leadership Institute, pursuing her passion for ministry and helping others find the same hope she has experienced.

In a recent independent study, research found since graduating from our Life Renewal program...

83%

of graduates reported sobriety

RELATIONSHIPS

80%

reported that their relationships with family members have improved

FUTURE

78%

were working full-time and/or enrolled in school

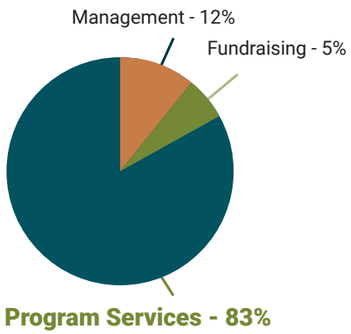
7,047 Clients Served

In 2025, MnTC provided food, shelter, medical care and life-saving addiction treatment and recovery programming to **more individuals than ever before,** all because of the help of our generous donors.



2025 Financial Data (AUDITED)

FUNCTIONAL EXPENSES



INCOME STATEMENT

Funds for major capital campaign projects are included in the revenue for 2025. We are expanding our program services to meet the growing need for treatment services across the state.

Revenue	$89,057,504
Expenses	**$82,992,002**

BALANCE SHEET

Current Assets	$51,066,568
Property, Equipment and LT Assets	$111,302,353
Total Assets	**$162,368,921**
Current Liabilities	$7,228,090
LT Liabilities and Net Assets	$155,140,831
Total Liabilities and Net Assets	**$162,368,921**

** Net Assets are with and without donor restrictions

OUR PROGRAMS

Comprehensive Addiction Treatment and Recovery Services Across Minnesota

- Residential Treatment: a Minnesota state-licensed treatment program that utilizes evidenced-based treatment models to meet the whole-person needs of those diagnosed with a substance use disorder. Participants receive chemical dependency assessments, individualized treatment plans, group counseling, individual counseling and life skills development.

  2025 Program Expenses: $27,539,454

- Life Renewal Recovery Program: a 12-month residential substance use disorder recovery program assists individuals in overcoming self-destructive patterns. This program incorporates various evidenced-based practices through a multidisciplinary team of mental health practitioners, counselors, chaplains and coaches to address a participant's physical, emotional and spiritual needs.

  2025 Program Expenses: $33,992,858

- Outpatient Program: a licensed program offering a flexible schedule for adult clients looking for treatment options while maintaining their job, school attendance or other responsibilities. Treatment programming offers individualized plans, individual and group counseling, and telehealth services. Most insurances are accepted.

  2025 Program Expenses: $5,257,986

- Lakeside Academy: a faith-based residential treatment center for boys 14 to 18 years old. The center offers licensed treatment, long-term recovery, vocational education and an onsite high school for boys diagnosed with a substance use disorder and behavioral health issues.

  2025 Program Expenses: $2,146,315

*Some unique clients were served in multiple programs

LEADERSHIP TEAM

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Center Director, Wellcome Manor Campus

Matt Miller
Center Director, Rochester Campus

Brandon Torgerson
Center Director, Duluth Campus



» All individuals pictured are Life Renewal clients

Locations

MINNEAPOLIS CAMPUSES

Stevens | Men
3231 1st Avenue S.
Minneapolis, MN 55408
612-FREEDOM (373-3366)

Portland | Men
1619 Portland Avenue
Minneapolis, MN 55404

Hudson House | Men
3201 1st Avenue S.
Minneapolis, MN 55408

Grace Manor | Women
1507 Lowry Avenue NE
Minneapolis, MN 55418

Freedom Manor | Women
3111 1st Avenue S.
Minneapolis, MN 55408

Hope Commons | Administrative Offices
740 E. 24th Street
Minneapolis, MN 55404

GREATER MN CAMPUSES

Rochester Campus | Men
1530 Assisi Drive NW
Rochester, MN 55901
(507) 288-FREE (3733)

Rochester Campus | Women
1542 Assisi Dr. NW
Rochester, MN 55901
(507) 288-FREE (3733)

Alexandria Campus | Men
525 Willow Drive
Alexandria, MN 56308
(320) FREEDOM (373-3366)

Brainerd Campus | Men
2424 Business 371
Brainerd, MN 56401
(218) 833-8777

Brainerd Campus | Women
2501 Greenwood St.
Brainerd, MN 56401

Duluth Campus | Men
2 East 2nd Street
Duluth, MN 55804
(218) 529-FREE (3733)

Lakeside Academy | Teen Boys Center
100 Garrison Avenue NE
Buffalo, MN 55313
(844) 768-8336

Wellcome Manor | Women
114 Pleasant St W
Garden City, MN 56034
(507) 546-3295

Adult & Teen Challenge
Minnesota